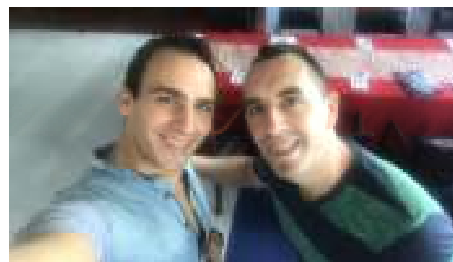


Starting From Now

Choreographer:

Daniel Trepat  & Fred Whitehouse  

Dec. 2017



Type of dance: 32 count, 4 walls, line dance
 Level: Intermediate
 Music: "Starting From Now" by Catherine McGrath
 Restart: In the 5th wall after 12 counts
 Intro: Start when she sings "Last" (I know I said a last time) (aprox. 3 sec into track)

Counts	Footwork	End facing
1 – 9	Side, Touch, Side with Toe turn, Combination step (Weave with Cross Shuffle), ¼ turn L with body sway, ½ turn L sweep R fwd, Cross, Side, Behind with sweep	
1&2	Step R to R side (1), Touch L next to R (&), Step L to L side & turn R toes out (2)	12:00
3&4&5	Cross R behind L (3), Step L to L side (&), Cross R over L (4), Step L to L side (&), Cross R over L (5)	12:00
6&7	¼ turn L stepping on L & turn body in L angle (6), Recover on R & turn body in R angle (&), Recover on L making a ½ turn L & sweeping R forward (7)	3:00
8&1	Cross R over L (8), Step L to L side (&), Cross R behind L & sweep L to back (1)	3:00
10 – 17	Sailor ¼ turn, Rock chair (forward & side), Cross, Touch Side, Touch In, ¼ turn R fwd, Chase turn	
2&3&4	Cross L behind R (2), ¼ turn L stepping R next to L (&), Rock L forward (3), Recover on R (&), Rock L to L side (4)	12:00
Restart	In the 5th wall will be here the restart (facing the front wall & keep weight on L)	
&5	Recover on R (&), Cross L over R (5)	12:00
6&7	Touch R to R side (6), Touch R next to L (&), ¼ turn R stepping R forward (7)	3:00
8&1	Step L forward (8), ½ turn R stepping R forward (&), Step L forward (1)	9:00
18 – 24	Rock step, Cross, Side, Together, Cross, ¼ turn L, Side, Toe In, Heel In, Touch 2x	
2&3&4	Rock R to R side (2), Recover on L (&), Cross R over L (3), Step L to L side (&), Step R next to L (4)	9:00
5 – 6&7&8	Cross L over R (5), ¼ turn L stepping R back (6), Step L to L side (&), Turn R toe inwards (7), Turn R heel inwards (&), Touch R to R side (8), Touch R next to L (&)	6:00
25 – 32	Side, Diamond Fall away, Rock step	
1 – 2&3	Step R to R side (1), 1/8 turn R stepping L forward (2), 1/8 L stepping R to R side (&), 1/8 turn L stepping L back (3)	4:30
4&5	Step R back (4), 1/8 turn L stepping L to L side (&), 1/8 turn L stepping R forward (5)	1:30
6&7	Step L forward (6), 1/8 L stepping R to R side (&), 1/8 turn L stepping L back (3)	10:30
8&	Rock R back (8), 1/8 turn L recovering on L (&)	9:00
HAVE FUN AND I AM LOOKING FORWARD TO DANCE WITH YOU AGAIN!		